

## Not All Rehabs Are Equal

*Selecting the right addiction treatment center can be very confusing. Which rehab will be the best for you? Why do some programs have much higher success rates than others? How important is a strong emphasis on individual counseling or expertise working with co-occurring conditions?*

*The chart below identifies some of the key issues when choosing a rehab and compares St. Joseph Institute with other well-known addiction treatment centers.*

### COMPARISON OF TREATMENT FACILITIES

*Based on a survey of 24 treatment facilities in Pennsylvania, Maryland, Virginia, New York, and New Jersey.*

Service Levels	Low	Medium	High	St. Joseph Institute
Cost <i>(if no insurance coverage)</i>	\$12,000- \$16,000	\$18,000 - \$28,000	\$32,000 - \$45,000	\$18,500 - \$26,500 <i>(sliding scale based on income)</i>
"In-network" with many insurance plans <i>(may cover 100% of cost)</i>	Yes	Some	No	<b>YES</b>
Accept Medicare or State Insurance	Yes	No	No	No
High percentage of court mandated/low motivation patients	Yes	Some	No	No
Intensive individual counseling	No	No	Some	<b>YES</b>
Family program	Some	Some	Yes	<b>YES</b>
Holistic programming	No	Some	Some	<b>YES</b>
Fitness program	Some	Some	Yes	<b>YES</b>
Pain management expertise	No	No	Some	<b>YES</b>
All counselors have Master's level training	No	Some	Some	<b>YES</b>
Comprehensive aftercare planning	Some	Some	Yes	<b>YES</b>
Nutritional therapy	No	No	Some	<b>YES</b>
Lifestyle education	Some	Some	Some	<b>YES</b>