



Admissions Guide

The Clinical Team at St. Joseph Institute reviews each application for admission, ensuring that the individual is a good candidate for our program and the services we offer.

Primary Admission Criteria

1. Internal motivation to seek treatment for their addiction and enter into recovery – more than a legal mandate or pressure from others.
2. Co-occurring conditions (such as depression, anxiety, trauma, PTSD, chronic pain) that can be effectively addressed in a non-hospital setting.
3. No behavioral health concerns that are best addressed/treated in a psychiatric facility with close supervision.
4. Drug and alcohol addiction are the primary reasons for seeking treatment. (We may recommend a specialized program for significant sex and gambling conditions and severe eating disorders.)
5. Resident must be ambulatory with no medical conditions that requires the constant physician care found in a hospital setting.

The Admission Process

The admission process moves quickly and often results in same-day arrival for treatment:

1. The Institute will confirm an individual's health insurance benefits and provide the best possible estimate of costs.
2. A telephone interview with an admissions counselor will obtain the information with which the Clinical Team conducts their review and provides approval for admission. (Hospitals may fax medical records)
3. The time for arrival is established and preparation made to welcome the new resident.

Financial Details

- Most commercial insurances accepted.
- Staff dedicated to maximizing insurance benefits.
- Scholarships up to \$8,000 available for those without insurance (sliding scale used)
- Financing plans can be arranged
- Staff will assist with employer notification, arranging FMLA leave and short term disability.
- When available the Institute will use PA Act 106 to ensure the availability of insurance benefits.

St. Joseph Institute offers a residential treatment program for adults suffering from addiction. Our one-on-one counseling, Christian spirituality, holistic approach, passionate desire to see people heal, and belief in the goodness of each individual are among the defining qualities of our program. The Institute's beautiful campus is located on a mountainside near State College in central Pennsylvania.