



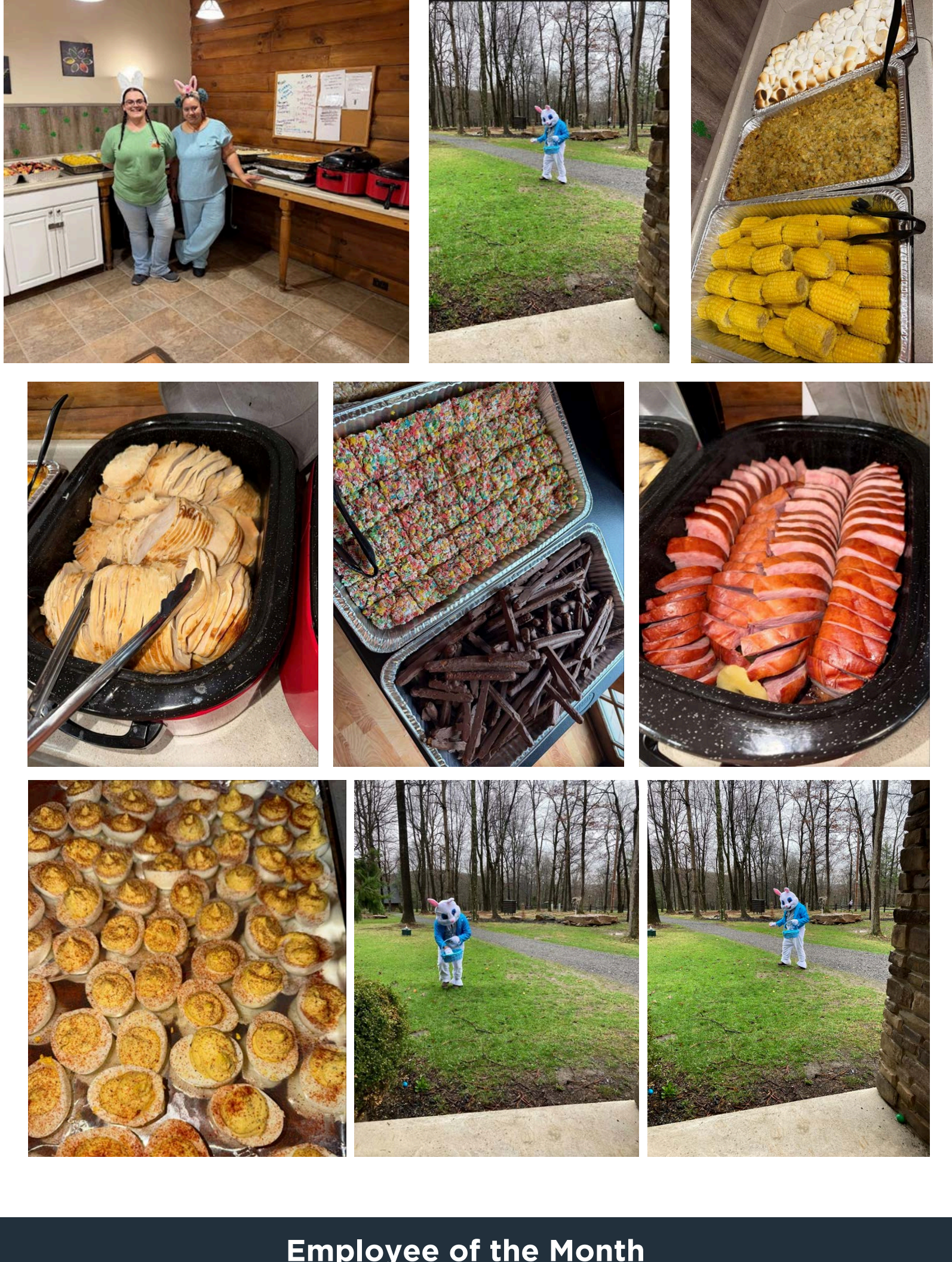
APRIL NEWSLETTER



As May approaches and the sun begins to shine a little brighter, we are filled with a renewed sense of hope and excitement for the season ahead. Here at St. Joseph Institute, the Easter Bunny also made a special visit, hiding colorful eggs for residents to find and helping to serve a beautiful and delicious Easter dinner that brought smiles to all. With the warmer weather lifting our spirits, we look forward to even more opportunities to come together.

Be sure to check the Alumni App for details about our upcoming campfire meeting in May; a chance to reconnect, reflect, and celebrate new beginnings under the open sky. The changing seasons remind us that growth is always possible, and brighter days are ahead.

Easter Fun



Employee of the Month

Join us in congratulating Driver Kris as she has been chosen as April's Employee of the Month!! Kris, thank you for always going above and beyond to help our clients. Your willingness to drive wherever asked, pivot on the fly at admission's request, and navigate challenging situations does not go unnoticed. You are such an invaluable member of our team and we are grateful for you!!



Upcoming Events!

Alumni Grounding Recovery Hike
 Join Scott for a weekly hike and guided meditation!
 Where: 134 Jacobs Way, Port Matilda, PA 16870
 When: Every Thursday from 5:45pm - 6:45pm
 *RSVP to Melissa at 814-470-0048 by Thursday Morning
 *Appropriate dress and service dog credentials required!

Reconnect, recharge, and enjoy the outdoors with fellow alumni! Join Scott for a weekly hike paired with a guided meditation designed to support your recovery and well-being! RSVP to Melissa: 814-470-0048 by Thursday of each week. Please dress appropriately for the terrain and provide credentials for all service dogs.

Mark Your Calendars!

2026 Alumni Campfire Meeting Schedule

- May 16th - 6 PM**
(Rain Date - May 30th 6 PM)
- June 20th - 6 PM**
(Rain Date - June 27th 6 PM)
- July 18th - 6 PM**
(Rain Date - July 25th 6 PM)

Check-in is 5:00 PM - 5:45 PM
 Bring a Chair!
 RSVP to Melissa @ 814-470-0048
 134 Jacobs Way Port Matilda, PA 16870
 *Appropriate dress & service dog registration required!

Mark your calendars!!! The 2026 Alumni Campfire Meeting Schedule is officially here!

If last year taught us anything, it's to always have a backup plan, so this time we've included rain dates to keep the good times going no matter what. Get ready for a night of connection, stories, and community under the stars. Whether you joined us last year or it'll be your first time, you won't want to miss it. Stay tuned for more details coming soon! We can't wait to see everyone there!

Friends of Joe Alumni Meeting

Every Thursday at 7:00 PM, St. Joseph Institute hosts the "Friends of Joe" Alumni Aftercare Meeting — a supportive, topic-based gathering open to all alumni. The meeting link is posted on the Alumni App each Thursday evening, along with guided questions to help spark meaningful conversation. Whether you're sharing an update or just listening in, it's a great way to stay connected and end your Thursday with community and purpose. We'd love to see you there!

Friends of Joe
 ALUMNI MEETING
 Meets Every Thursday at 7pm
 Meeting ID: 479 026 7007
 Passcode: 661306

St. Joseph Institute Intensive Outpatient Program

Recovery is a journey, and no one has to do it alone. Our Intensive Outpatient Program (IOP) provides structured support, expert care, and evidence-based therapies to help individuals heal while balancing daily life.

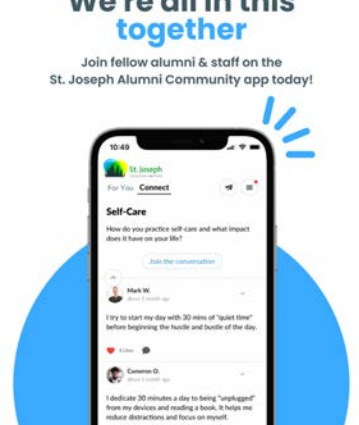
Call 888-727-4465 or visit <https://lnkd.in/e4Vc4dPp> to learn more!

Intensive Outpatient Program (IOP) - Wexford

- Hybrid (in-person & virtual options)
- Client-focused, evidence-based treatment
- Flexible and structured outpatient programming

1126g Perry Highway, Suite 430
 Wexford, PA 15090
 StJosephInstitute.com

The St. Joseph Alumni App



The **St. Joseph Alumni App** is your go-to space for staying connected, supported, and engaged in recovery. If you're not currently on the app, please don't hesitate to reach out — we'd love to help you get back on! It's a safe and welcoming space where you can **share your experience, strength, and hope** with fellow alumni, stay in touch with staff, and access updates on **events, meetings, and resources** designed just for you. Don't miss out on this powerful tool for connection and support!