

JULY NEWSLETTER



July has been a wonderful month at St. Joseph Institute, filled with connection, recovery and community!

We had an amazing turnout for our Alumni Campfire, bringing together alumni, clients and staff for an evening of meaningful conversations, inspiring stories and fellowship.

We're excited to keep the momentum going as we look ahead to our Alumni Picnic in Buffalo, NY, on August 30th. And that's just the beginning! Stay tuned for upcoming alumni events in your area. In September, we'll be meeting up in Pittsburgh for an exciting **Pittsburgh Zoo & Aquarium excursion** and coming together in support of the **Pittsburgh Recovery Walk on September 12th**. We look forward to seeing familiar faces, making new memories and continuing to celebrate recovery together!

Alumni Campfire Meeting

Our recent St. Joe's Alumni Campfire was a tremendous success! We had a great turnout, including alumni who traveled five hours to be part of the evening! The campfire was filled with connection, laughter, encouragement and some of the most meaningful shares we've heard. It was especially rewarding to hear the many positive things our alumni had to say about their experiences at St. Joe's and the impact recovery has had on their lives. Nights like this are a powerful reminder that recovery is possible and that the connections made at St. Joe's can last a lifetime. Thank you to everyone who came out and helped make the evening so special! We're already looking forward to our upcoming alumni events.

Next stop: Buffalo, NY, on August 30 for our Alumni Picnic! We hope to see many familiar faces there!



Employee of the Month



EMPLOYEE OF THE MONTH

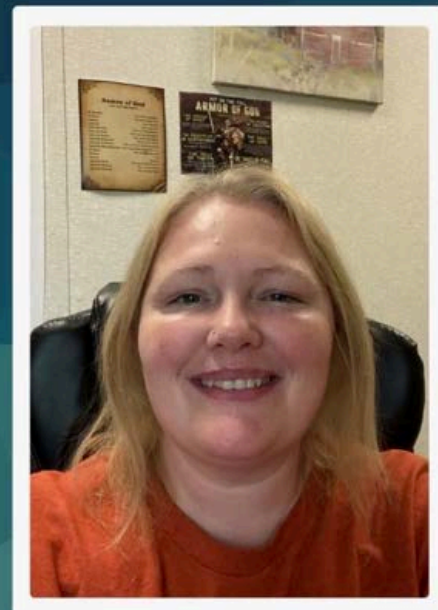
July Employee of the Month - Val

Please help us congratulate our one and only Discharge Planner, Val, on being named Employee of the Month! This recognition could not be more deserved.

Val is so much more than our discharge planner. She is a source of spiritual guidance, hope, and compassion for everyone on our campus.

Her heart of gold shines through in every interaction, and the peace she brings each day is something that cannot be taught. She creates a workplace filled with warmth, connection, and kindness. She makes a difference every single day.

Val is more than an employee. She is part of the foundation of this campus, and we are so very grateful for her. Congratulations, Val!



July Festivities for Staff!

Nothing says employee appreciation quite like a sweet treat on a summer day! We welcomed our friends from Tropic-O-Ice to SJL, and our staff enjoyed delicious gourmet shaved ice with all the fixings! From classic favorites to fun flavors and toppings, there was something for everyone. We're grateful for opportunities like these to pause, connect, and celebrate the incredible staff who make a difference every single day. Thank you, Tropic-O-Ice, for helping us spread a little joy across campus!



Upcoming Events

Alumni Picnic

We're excited to bring our St. Joseph Institute alumni community together again for an afternoon of food, fellowship and recovery at our **Alumni Picnic in the Buffalo area!** Join us on **Sunday, August 30th, from 12:00-3:00 PM at Tonawanda Park** for a chance to reconnect with old friends, meet fellow alumni and celebrate the journey of recovery together. Whether you're a longtime member of the SJI alumni family or recently completed treatment, we'd love to see you there! Bring your smiles, your stories and your recovery spirit — we'll take care of the rest. **We can't wait to see you in Buffalo!**



2026 Pittsburgh Recovery Walk



The Pittsburgh Recovery Walk is an annual event celebrating the many roads to recovery from addiction and all those who travel them.

What? The 11th annual Pittsburgh Recovery Walk will include speakers, a giant Resource Fair, the Pittsburgh Recovery Awards, kids' activities, food trucks, music, and a parade through Downtown Pittsburgh.

When? The Pittsburgh Recovery Walk will take place on Saturday September 12, 2026 from 9:00 am - 1:00 pm.

Who? The Pittsburgh Recovery Walk is free and open to the public. Everyone whose life has been touched by addiction or recovery is invited to join our celebration.

Where? The Pittsburgh Recovery Walk will be held outside at 1201 Waterfront Place (just north of Smallman St. in the Strip District).

Why? The purpose of the Pittsburgh Recovery Walk is to celebrate the many roads to recovery from addiction and all those who travel them. Specifically, the walk aims to 1) celebrate recovery and recovery supports, 2) eliminate stigma, and 3) showcase resources for recovery support, health, and harm reduction in our region.

Friends of Joe Alumni Meeting

Every Thursday at 7:00 PM, St. Joseph Institute hosts the “Friends of Joe” Alumni Aftercare Meeting — a supportive, topic-based gathering open to all alumni. The meeting link is posted on the Alumni App each Thursday morning, along with guided questions to help spark meaningful conversation.

Whether you’re sharing an update or just listening in, it’s a great way to stay connected and end your Thursday with community and purpose. We’d love to see you there!



St. Joseph Institute Intensive Outpatient Program

Recovery is a journey, and no one has to do it alone. Our Intensive Outpatient Program (IOP) provides structured support, expert care, and evidence-based therapies to help individuals heal while balancing daily life.

📞 Call 888-727-4465 or visit <https://stjosephinstitute.com/iop-in-wexford/> to learn more!



St. Joseph
INSTITUTE

**Intensive Outpatient
Program (IOP) – Wexford**

- ✓ Hybrid (in-person & virtual options)
- ✓ Client-focused, evidence-based treatment
- ✓ Flexible and structured **outpatient programming**

11269 Perry Highway, Suite 430
Wexford, PA 15090

StJosephInstitute.com



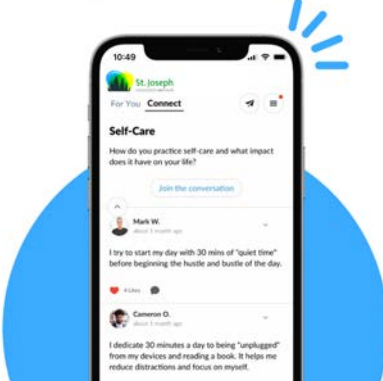


The St. Joseph Alumni App

Ready to get started? Scan here > 

**We're all in this
together**

Join fellow alumni & staff on the
St. Joseph Alumni Community app today!



The **St. Joseph Alumni App** is your go-to space for staying connected, supported, and engaged in recovery.

If you're not currently on the app, please don't hesitate to reach out — we'd love to help you get back on! It's a safe and welcoming space where you can **share your experience, strength, and hope** with fellow alumni, stay in touch with staff, and access updates on **events, meetings, and resources** designed just for you. Don't miss out on this powerful tool for connection and support!