

OCTOBER NEWSLETTER

Welcome to the October issue of the St. Joseph Institute newsletter!



Fall made its way to campus this month, bringing beautiful colors, crisp air, and a peaceful atmosphere. October was filled with fall festivities, including pumpkin carving, trick or treating and, of course, our annual Alumni Reunion on October 31st!

We were so happy to welcome so many alumni back to campus for a day filled with great food, face painting, gourmet Italian ice and, most importantly, time to reconnect and enjoy fellowship with one another. It was wonderful seeing familiar faces and celebrating the recovery community that continues to grow.

There is already so much to look forward to in November! We hope you will join us for our Friendsgiving celebration on Saturday, November 21st at 4:30 PM at our Outpatient Office in Wexford, PA. We look forward to another opportunity to bring our community together!

Alumni Ambassadors!

Join us in welcoming the newest members of our Alumni Ambassador Team: Terri F., Matthew K., Elizabeth A., and Jared M.!

These four amazing individuals are joining the ranks of some of the most valued members of the St. Joe's recovery community. Our Alumni Ambassadors play a key role in our alumni program. They bring their personal recovery stories back to campus, offer encouragement and support to others and serve as examples of what a fulfilling life in recovery can look like.

We are grateful for their willingness to stay connected, give back and share their experiences with others who are just beginning their own journeys. Their involvement makes a difference, and we are excited to have them represent our growing recovery community.

Welcome to the team, Terri, Matt, Elizabeth, and Jared! We are so glad to have you on board!

Terri F.



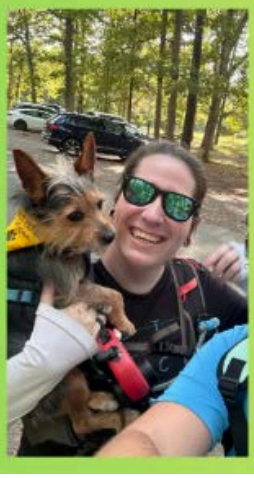
Matthew K.



Jared M.



Elizabeth A.



Halloween Fun!



Staff and residents alike had a blast celebrating Halloween on campus! Everyone got into the holiday spirit as our staff dressed up by department and handed out candy to residents. There was plenty of creativity, laughter and friendly competition as each department showed off their Halloween costumes.

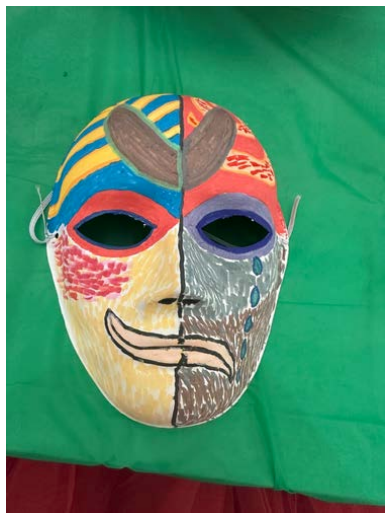
The day was filled with fall festivities, including pumpkin carving and making masks for trick-or-treating. It was wonderful seeing everyone come together, enjoy the activities, and make some fun memories along the way.

Days like these are a great reminder that there are so many opportunities to have fun, build connections and enjoy life without substances. Recovery opens the door to new experiences, new traditions and plenty of reasons to celebrate!



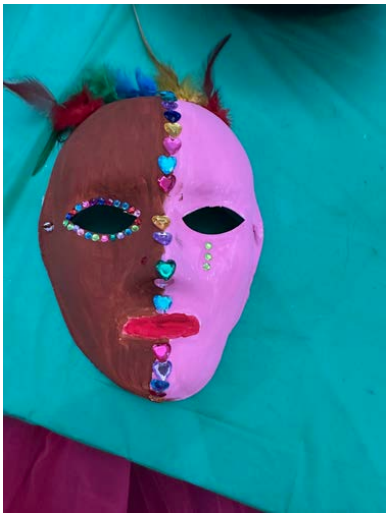






Nutmeg
Ginger
Pumpkin Spice
Pepper






Alumni Reunion

Our annual Alumni Reunion was a huge success this year, made even more special by celebrating on Halloween! We couldn't have asked for better weather or a better turnout. Alumni returned to campus to enjoy an afternoon and evening filled with great food, fun activities and plenty of fellowship.

We had two incredibly talented face painters who added some Halloween fun, delicious gourmet Italian ice and a DJ who kept the music going well into the night. Our dietary staff also went above and beyond with an amazing spread of fresh fruit, dips, hamburgers, hot dogs, brisket and so much more!

Most importantly, it was wonderful seeing so many familiar faces back on campus, reconnecting with old friends and celebrating the recovery community we've built together. Thank you to everyone who came out and helped make this year's reunion one to remember. We are already looking forward to the next one!































MY PAST IS
HAUNTE








October Employee of the Month



October Rookie of the Month



Upcoming Events

Join Us for Friendsgiving!

Join us for a Friendsgiving Celebration at the St. Joseph Institute Outpatient Office in Wexford on **Saturday, November 21st at 4:30 PM!** We're excited to gather with our alumni community for an evening of gratitude, good food and great company.
Alumni are welcome to bring one guest (ages 18 and older). We'll also be collecting new hats, gloves and scarves for our inpatient clients and will have holiday cards available to fill out with messages of encouragement and support.
We can't wait to celebrate the season of thankfulness together!



Friends of Joe Alumni Meeting



Every Thursday at 7:00 PM, St. Joseph Institute hosts the "Friends of Joe" Alumni Aftercare Meeting — a supportive, topic-based gathering open to all alumni. The meeting link is posted on the Alumni App each Thursday morning, along with guided questions to help spark meaningful conversation.

Whether you're sharing an update or just listening in, it's a great way to stay connected and end your Thursday with community and purpose. We'd love to see you there!

Virtual Alumni Q&A

Join us on November 24th at 2 PM for the next Virtual Alumni Q&A.

Meeting ID: 479 026 7007
Passcode: 661306



St. Joseph Institute Intensive Outpatient Program

Recovery is a journey, and no one has to do it alone. Our Intensive Outpatient Program (IOP) provides structured support, expert care, and evidence-based therapies to help individuals heal while balancing daily life.

📞 Call 888-727-4465 or visit https://lnkd.in/e4Vc4dPp to learn more!



The St. Joseph Alumni App

The **St. Joseph Alumni App** is your go-to space for staying connected, supported, and engaged in recovery.

If you're not currently on the app, please don't hesitate to reach out — we'd love to help you get back on! It's a safe and welcoming space where you can **share your experience, strength, and hope** with fellow alumni, stay in touch with staff, and access updates on **events, meetings, and resources** designed just for you. Don't miss out on this powerful tool for connection and support!

